



LESS
WAITING
MORE
DOING



EXPRESS CAFÉ & BAR



STARTERS

🕒 🌱 SOUP OF THE DAY £7.50
Served with warm bread and butter. (350kcal)

BBQ PULLED PORK CIABATTA £7.50
Served on a garlic ciabatta topped with BBQ pulled pork. (740 kcal)

SALT AND PEPPER SQUID £7.50
Served with salad garnish, garlic mayo and fresh lemon wedge. (480 kcal)

🕒 🌱 LOADED NACHOS £7.50
Topped with melted mozzarella, sour cream, salsa, guacamole and jalapenos. (880 kcal)

HOT N' SPICY GOUJONS £7.50
Chicken coated in sriracha sauce, blue cheese dip and celery. (610 kcal)

SALADS

🕒 CAESAR SALAD £15.00
Crisp cos lettuce, garlic croutons, Caesar dressing, shaved parmesan. (645 kcal)
Add chicken breast for (181 kcal) £2.00

🕒 HOUSE SALAD £15.00
Cherry tomato, cucumber, sliced red onion, mixed leaf, crispy buttermilk chicken breast and French dressing. (500 kcal)
Add crispy bacon for (121 kcal) £2.00

SWEET INDULGENCE

🕒 🌱 BANOFFEE WAFFLE £6.50
Topped with sliced banana, clotted cream ice cream and fudge sauce. (745 kcal)

🕒 🌱 CHOCOLATE BROWNIE £6.50
Clotted cream ice cream and chocolate sauce. (750 kcal)

🕒 🌱 WHITE CHOCOLATE AND RASPBERRY CHEESECAKE £6.50
Clotted cream ice cream. (583 kcal)

🕒 🌱 🌱 STICKY TOFFEE PUDDING £6.50
Custard or ice cream. (532 kcal)

🕒 🌱 🌱 CHOCOLATE & CLEMENTINE TORTE £6.50
Served with vegan vanilla ice cream. (686 kcal)

🕒 🌱 🌱 JUDE'S ICE CREAM POTS 100ml £6.50
Vegan vanilla, chocolate, strawberry and salted caramel and vanilla. (134 kcal)

RUSH HOUR

🕒 CHICKEN, PEPPER AND CHORIZO PANINI £12.00
Served with garden salad and tortilla chips. (740 kcal)

🕒 🌱 SUN DRIED TOMATO AND MOZZARELLA PANINI £12.00
Served with garden salad and tortilla chips. (740 kcal)

🕒 SMOKED HAM AND CHEESE PANINI £12.00
Served with garden salad and tortilla chips. (670 kcal)

CHICKEN FAJITA £16.00
Tortilla wraps, sour cream, salsa, guacamole and skinny fries. (1013 kcal)

🌱 VEGGIE FAJITAS £16.00
Tortilla wraps, sour cream, salsa, guacamole and skinny fries. (832 kcal)

CAFÉ CLASSICS

FISHCAKES £15.00
Smoked haddock, leek and cheddar cheese fishcake, dill and citrus rice and buttered asparagus. (854kcal)

CHICKEN LEEK & HAM HOCK PIE £16.00
With mash potato or chunky chips, seasonal vegetables and gravy. (1553 kcal)

BEEF LASAGNE £15.50
served with garden salad and toasted garlic bread. (860 kcal)

FISH N' CHIPS £15.00
Battered haddock fillet, chunky chips, minted mushy peas, tartare sauce and lemon wedge. (750 kcal)

Adults need around 2000 kcal a day.

WHEN HUNGER STRIKES



PIZZA & BURGERS

🕒 🌱 MARGHERITA PIZZA £15.50
With mozzarella cheese and tomato sauce. (1062 kcal)

🕒 HAM AND PINEAPPLE PIZZA £16.00
With sliced ham and pineapple chunks. (1091 kcal)

🕒 PEPPERONI PIZZA £16.00
With sliced pepperoni. (1250 kcal)

🕒 MEAT FEAST PIZZA £16.00
With BBQ pulled pork, jalapeños, sliced pepperoni, sliced red onion, shredded ham, sliced sausage and sriracha sauce. (1331 kcal)

CLASSIC CHEESEBURGER £16.00
Brioche bun, crisp cos lettuce, beef tomato, mayonnaise, grilled 8oz beef patty, melted cheese and skinny fries. (964 kcal)

CLASSIC CHICKEN BURGER £16.00
Brioche bun, crisp cos lettuce, beef tomato, mayonnaise, chicken fillet, melted cheese and skinny fries. (967 kcal)

🌱 FALAFEL BURGER £14.50
Brioche bun, crisp cos lettuce, beef tomato, vegan mayo, salsa, vegan falafel, chickpea & spinach burger and skinny fries. (995 kcals)

Add bacon rashers for (121 kcal) £2.00
Add pulled pork for (104kcal) £2.00

BOWLS

🕒 🌱 CHICKEN MAKHANI £15.00
Served with basmati rice, poppadom and mango chutney. (774kcal)

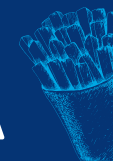
🕒 🌱 🌱 PENANG VEGETABLE CURRY £15.00
Served with basmati rice, poppadom and mango chutney. (667 kcal)
Add naan bread for (220 kcal) £1.00

SINGAPORE NOODLES £16.00
Topped with crispy chicken breast and toasted sesame oil. (881 kcals)

🕒 CHILLI CON CARNE £15.00
Served with basmati rice, sour cream and tortilla chips. (860 kcal)

🕒 🌱 THREE BEAN CHILLI £15.00
Served with basmati rice, sour cream and tortilla chips. (1034 kcal)

A LITTLE EXTRA



SIDES

🌱 🌱 SKINNY FRIES (287 kcals) £3.00

🌱 MIXED SIDE SALAD (70 kcals) £3.00

🌱 PLAIN NAAN BREAD (220 kcals) £3.00

🌱 GARLIC SLICE (198 kcals) £3.00

🌱 🌱 SEASONAL MIXED VEGETABLES (331 kcals) £3.00

🌱 ONION RINGS (367 kcals) £3.00

EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

GOT TO BE SOMEWHERE?

We can package your food to go

🌱 Suitable for vegetarians 🌱 Suitable for vegans
🕒 Available 24 hours per day 🌱 Gluten Free
FOOD ALLERGIES OR INTOLERANCES:

Please speak to a member of our staff if you have any questions about ingredients and allergens in any of our menu items.
Adults need around 2000 kcal a day.

