



LESS
WAITING
MORE
DOING



EXPRESS CAFÉ & BAR

FEELING PECKISH?

STARTERS

SEASONAL SOUP £8.10
Served with rustic bread rolls and butter. (100 kcal)
GF Gluten free option available

GRILLED HALLOUMI £8.10
Chargrilled halloumi served with a sweet chilli sauce and a salad Garnish. (511 kcal)

CHICKEN WINGS £8.10
Crispy chicken wings are served alongside a BBQ dip and celery sticks. (300 kcal)

NACHOS £8.10
Tex Mex tortilla chips are topped with mozzarella and cheddar, served with soured cream, jalapeno salsa and guacamole. (548 kcal)

SALADS

CAESAR SALAD £14.50
Cos lettuce, parmesan, garlic croutons and Caesar dressing are tossed in a bowl. (570 kcal)

HOUSE SALAD £14.50
Mixed leaves, cherry tomato, cucumber, sliced red onion, peppers and a balsamic glaze. (264 kcal)

SANDWICHES

Served on either brown or white bloomer.
With a side of tortilla chips and a salad garnish.
GF Option available. Served from 11am till 5pm

HAM & CHEESE (497 kcal) £8.00
CHEESE & TOMATO (479 kcal) £8.00
TUNA MAYO (542 kcal) £8.00

CAFÉ CLASSICS

SCAMPI & CHIPS £15.00
Served with chunky chips, tartare sauce, lemon wedge and peas. (680 kcal)

GAMMON & CHIPS £16.10
Seared 8oz gammon, served with peas, pineapple ring and chunky chips. (1094 kcal)

TOMATO PENNE PASTA £15.50
Penne Pasta is topped with a tomato and basil sauce, served with garlic bread and a salad garnish. (410 kcal)

MAC 'N' CHEESE £15.50
Penne pasta is topped with a creamy cheese sauce, served with garlic bread and a salad garnish. (600 kcal)

PIRI PIRI CHICKEN £16.00
Served alongside chunky chips and a salad garnish. (580 kcal)

PLEASE SEE THE SPECIALS BOARD TO SEE WHAT WE HAVE ON TODAY.

SWEET INDULGENCE

TOFFEE & HONEYCOMB CHEESECAKE £8.25
Drizzled with raspberry sauce and vanilla ice cream (551 kcal)

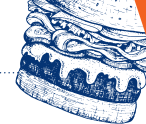
CHOCOLATE BROWNIE £8.25
Topped with vanilla ice cream and a chocolate sauce. (782 kcal)

ICE CREAM SELECTION £5.55
A choice of vanilla, chocolate, strawberry or vegan vanilla topped with a sauce of your choice (430 kcal)

CHOCOLATE FUDGE CAKE £8.25
Topped with toffee sauce and vanilla ice cream. (543 kcal)

STICKY TOFFEE PUDDING £8.25
Warm pudding served with vanilla ice cream and toffee sauce. (614 kcal)

WHEN HUNGER STRIKES



PIZZA & BURGERS

MARGHERITA PIZZA £14.50
12" pizza base topped with tomato sauce, mozzarella cheese. (676 kcal)

PEPPERONI PIZZA £15.50
12" pizza base topped with tomato sauce, mozzarella cheese and pepperoni. (914 kcal)

HAM & PINEAPPLE PIZZA £15.50
12" pizza base topped with tomato sauce, mozzarella cheese, ham and pineapple. (778kcal)

RED ONION, PEPPER & CHERRY TOMATO £15.50
12" pizza base topped with tomato sauce and mozzarella cheese topped with red onion, peppers and cherry tomatoes, drizzled with pesto. (694kcal)

CLASSIC 8oz BEEF BURGER £16.00
Grilled 8oz patty, served with cos lettuce, sliced tomato, mayo and cheese all inside a brioche bun, accompanied with skinny fries. (853 kcal)

CHICKEN BURGER £16.00
Breaded chicken breast, served with cos lettuce, sliced tomato, mayo and cheese, all inside a brioche bun. Served with skinny fries. (816 kcal)

ALL AMERICAN BURGER £16.50
8oz beef patty, served with bacon, Monterey Jack cheese, BBQ sauce, cos lettuce and tomato, all inside a brioche bun. Served with skinny fries. (1073 kcal)

BOWLS

BEEF CHILLI £15.00
Served with basmati rice, tortilla chips and soured cream. (762 kcal)

THAI GREEN CURRY £15.00
Served with basmati rice, mango chutney and a poppadum. (666 kcal)

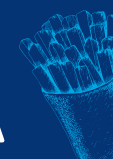
PENANG CURRY £15.00
Served with basmati rice, mango chutney and a poppadum. (728 kcal)

CHICKEN TIKKA £15.00
Served with basmati rice, mango chutney and a poppadum (681 kcal)

BEEF MADRAS £15.00
Served with basmati rice, mango chutney and a poppadum (714 kcal)

NAAN BREAD £2.00
(226 kcal)

A LITTLE EXTRA



SIDES

SIDE SALAD (25 kcals) £3.00

CHUNKY CHIPS (173 kcals) £3.50

SKINNY FRIES (197 kcals) £3.50

GARLIC BREAD (201 kcals) £3.00

CHEESY GARLIC BREAD (244 kcals) £3.20

ONION RINGS (236 kcals) £3.50

EXPRESS CAFÉ & BAR

ORDER AT THE BAR OR RECEPTION. **ANYTIME.**

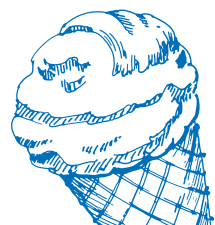
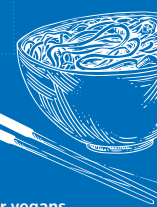
GOT TO BE SOMEWHERE?

We can package your food to go

Suitable for vegetarians **Suitable for vegans**
Available 24 hours per day **Gluten Free**
FOOD ALLERGIES OR INTOLERANCES:

Please speak to a member of our staff if you have any questions about ingredients and allergens in any of our menu items.

Adults need around 2000 kcal a day.



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