

## BRUNCH

SERVED 10AM - 2PM

**THICK SLICED BLOOMER TOAST** **£3.50**

With honey, marmalade or fruit jam

**EGGS ON TOAST** **£4.95**

Served on thick sliced bloomer or gluten free toast, with ketchup or brown sauce

→ **Fried** (645kcal)

→ **Poached** (556kcal)

→ **Scrambled** (876kcal)

**FILLED BRIOCHE BUN** **£5.50**

With ketchup or brown sauce

→ **Back bacon** (578kcal)

→ **Pork sausage** (734kcal)

→ **Fried egg** (541kcal)

→ **Vegan sausage** (571kcal)

+ **EXTRA BACON** (103kcal) + **EXTRA PORK SAUSAGE** (181kcal)

+ **EXTRA VEGAN SAUSAGE** (130kcal) ALL **£1.95**

+ **EXTRA FRIED EGG** (124kcal) + **EXTRA CHEESE** (83kcal)

+ **EXTRA VEGAN CHEESE** (76kcal) ALL **£1.00**

**OMELETTE** **£5.95**

With dressed mixed leaf and carrot

+ **HAM** (68kcal) + **PORTOBELLO MUSHROOM** (11kcal)

+ **TOMATO** (9kcal) + **CHEESE** (159kcal) ALL **£1.00**

**AVOCADO ON TOAST** **£4.50**

Smashed avocado on thick sliced bloomer or gluten free toast

+ **POACHED EGG** (80kcal) **ADD £1.00**

**AMERICAN STYLE PANCAKE STACK** **£5.95**

→ **Smoked streaky bacon and maple syrup** (723kcal)

→ **Fruits of the forest and natural yoghurt** (434kcal)

**FRENCH TOAST** **£5.95**

Topped with cinnamon sugar and fresh berries

## STARTERS

**HOMEMADE SOUP OF THE DAY** **£5.95**

(Kcal on request)  
Crusty baguette and butter

**BRUSSELS PÂTÉ** **£7.95**

Thickly spread on sourdough bloomer or gluten free toast, pickled gherkins, tomato chutney and dressed carrot & mixed leaf salad

**VEGAN NACHOS** **£5.95**

With melted vegan cheese, jalapeños, guacamole and salsa

Small (614kcal) **£5.95**

Large (1181kcal) **£9.95**

**LOADED NACHOS** **£5.95**

Small (690kcal) **£5.95**

Large (1299kcal) **£9.95**

With melted cheese, jalapeños, guacamole, soured cream and salsa

**ADD TO ANY NACHOS**

+ **BBQ PULLED PORK** (276kcal) **ADD £2.95**

+ **BBQ PULLED MUSHROOMS** (327kcal) **ADD £2.95**

**MELT IN THE MIDDLE FISHCAKE** **£8.50**

Smoked haddock fishcake with a melting cheddar centre, buttered spinach, chive & lemon hollandaise

**CRISPY SALT & PEPPER SQUID** **£7.95**

Zesty lime dipping sauce

**KOREAN FRIED CHICKEN** **£7.95**

Spicy sweet and sour sauce, sesame seeds, spring onion

PLEASE ASK ABOUT OUR DAILY SPECIALS

## HOUSE FAVOURITES

**SWEET POTATO DHAL** **£17.95**

(945kcal)

**HOMEMADE CHICKEN MAKHANI** **£17.95**

(1189kcal)

**UPGRADE YOUR CURRY** **£1.95 EACH OR ADD ALL FOUR £6.00**

+ **NAAN BREAD** (231kcal) + **VEGETABLE SAMOSAS** (223kcal)

+ **VEGETABLE PAKORAS** (203kcal) + **ONION BHAJIS** (422kcal)

Served with basmati rice, poppadoms & mango chutney

**HAND-BATTERED HADDOCK & CHIPS** **£18.95**

Garden peas (1434kcal) or mushy peas (1448kcal), chunky tartare sauce and caramelised lemon

**UPGRADE TO THE ULTIMATE CHIPPY TEA** (+766kcal) **ADD £3.00**

Includes bread & butter, chip shop curry sauce and pickled gherkins

**BRIE & BEETROOT TART** **£14.95**

Kale pastry, crispy new potatoes, dressed leaf salad

**GRILLED SEABASS** **£19.95**

Two seabass fillets, pak choi, rice and Malay curry sauce

**MACARONI CHEESE** **£15.95**

Garlic puccia, dressed leaf salad

**SPICY 'NDUJA PENNE PASTA** **£15.95**

Tangy tomato sauce, baby spinach, Grana Padano Italian cheese

**ADD TO ANY PASTA DISH** **£2.50 EACH**

+ **STREAKY BACON** (373kcal)

+ **BBQ PULLED PORK** (229kcal)

+ **GRILLED HALLOUMI** (357kcal)

+ **CHARGILLED CHICKEN** (202kcal)

+ **BBQ PULLED MUSHROOM** (327kcal)

**CRISPY CHICKEN SCHNITZEL** **£15.95**

Crispy new potatoes or fries, garlic butter, dressed leaf salad

**10oz RUMP STEAK** **£25.95**

Roasted beef tomato, field mushroom, chips and watercress

**ADD YOUR FAVOURITE SAUCE** **£2.50 EACH**

+ **PEPPERCORN SAUCE** (173kcal)

+ **GARLIC BUTTER** (259kcal)

+ **BÉARNAISE SAUCE** (414kcal)

**10oz GRILLED BACON CHOP** **£14.95**

Fried egg, chips and peas

+ **EXTRA BACON CHOP** (453kcal) **£4.95**

+ **EXTRA FRIED EGG** (124kcal) **£1.00**

**CAESAR SALAD** **£5.95**

Small (532kcal) **£5.95**

Large (856kcal) **£9.95**

Gem lettuce, Grana Padano Italian cheese, croutons and creamy Caesar dressing

**BUCKWHEAT SALAD** **£4.95**

Small (235kcal) **£4.95**

Large (470kcal) **£8.95**

Broad beans, edamame beans, petit pois and mixed leaf in a sweet mustard dressing

**CRISPY DUCK SALAD** **£7.50**

Small (426kcal) **£7.50**

Large (648kcal) **£12.95**

Watercress, rocket, beansprouts, spring onion, blueberries, pomegranate seeds and hoisin dressing

**ADD TO ANY SALAD** **£2.50 EACH**

+ **STREAKY BACON** (373kcal)

+ **BBQ PULLED PORK** (229kcal)

+ **GRILLED HALLOUMI** (357kcal)

+ **CHARGILLED CHICKEN** (202kcal)

+ **BBQ PULLED MUSHROOM** (327kcal)

**CHICKEN RICE BOWL** **£16.50**

Black rice salad, chargilled chicken thigh, soft boiled egg, edamame beans, carrot, spring onion, beansprouts, tenderstem broccoli, pak choi, sesame, fresh coriander and pomegranate seeds

## PIZZA

Stonebaked Italian pizza topped with tangy tomato sauce

**MARGHERITA** **£12.95**

classic mozzarella, fresh basil

**VEGAN MARGHERITA** **£12.95**

Vegan cheese, fresh basil

**PEPPERONI** **£14.95**

Spicy slices of pepperoni, fresh rocket

**HAWAIIAN** **£15.95**

Fresh pineapple, diced ham, fresh rocket

**HOT & SPICY** **£16.95**

Salami, 'nduja, pepperoni, fresh chilli, zesty lime sauce, fresh coriander

**BUILD YOUR OWN** **£16.95**

Add any three toppings to your stonebaked base, topped with fresh rocket

**ADD YOUR FAVOURITE TOPPINGS** **£1.95 each**

+ **HAM** (71kcal)

+ **PINEAPPLE** (25kcal)

+ **PORTOBELLO MUSHROOM** (11kcal)

+ **PEPPERONI** (231kcal)

+ **BEEF TOMATO** (9kcal)

+ **JALAPEÑOS** (6kcal)

+ **RED ONION** (18kcal)

+ **FRESH CHILLI** (7kcal)

+ **EXTRA CHEESE** (159kcal)

+ **EXTRA VEGAN CHEESE** (144kcal)

+ **BBQ PULLED PORK** (106kcal)

+ **BBQ PULLED MUSHROOM** (178kcal)

+ **SMOKED STREAKY BACON** (374kcal)

+ **SHREDDED DUCK** (77kcal)

+ **DICED CHICKEN THIGH** (75kcal)

+ **'NDUJA SAUSAGE** (312kcal)

## SANDWICHES & LIGHTER BITES

All sandwiches are available on white or brown bloomer, crusty baguette or gluten free bread except where stated

**CLUB** **£14.95**

Toasted triple decker, chicken, bacon, baby gem, tomato and egg mayonnaise, served with fries and red cabbage coleslaw. Not available as baguette.

**VEGAN BLT** **£9.95**

THIS™ Isn't bacon, baby gem, tomato and mayonnaise, served with fries and red cabbage coleslaw

**HAND-BATTERED FISH FINGER** **£13.95**

Baby gem, chunky tartare sauce, fries and red cabbage coleslaw. Gluten free not available.

**OMELETTE** **£5.95**

With dressed mixed leaf and carrot

+ **HAM** (68kcal) + **PORTOBELLO MUSHROOM** (11kcal)

+ **TOMATO** (9kcal) + **CHEESE** (159kcal) ALL **£1.00**

**COLD SANDWICHES** **£7.95**

→ **Ham and mustard mayonnaise** (116kcal)

→ **Cheese and tomato chutney** (1063kcal)

→ **Vegan cheese and tomato chutney** (985kcal)

→ **Tuna mayonnaise and cucumber** (997kcal)

Served with crisps and red cabbage coleslaw

**JACKET POTATO** **£4.50**

Served with dressed leaf salad and sunflower spread or butter

+ **ONE FILLING £6.00 + TWO FILLINGS £7.00**

+ **THREE FILLINGS £8.00 + ADDITIONAL FILLINGS £1.50 EACH**

+ **GRATED CHEESE** (165kcal) + **BAKED BEANS** (98kcal)

+ **GRATED VEGAN CHEESE** (144kcal) + **BBQ PULLED PORK** (106kcal)

+ **RED CABBAGE COLESLAW** (259kcal) + **TUNA MAYONNAISE** (252kcal)

+ **BBQ PULLED MUSHROOMS** (187kcal)

## BURGERS

All burgers are cooked to order and served in a brioche style bun with tomato chutney, gem lettuce, beef tomato, red onion & gherkin with seasoned fries, crisp onion rings and red cabbage coleslaw

**THE ORIGINAL**

Classic 6oz beefburger, smoked streaky bacon, Monterey Jack cheese

→ **Single** (1764kcal) **£16.95**

→ **Double** (2445kcal) **£20.00**

**CRISPY CHICKEN BURGER**

Crispy house coating, topped with bbq pulled pork, blue cheese sauce

→ **Single** (1868kcal) **£16.95**

→ **Double** (2130kcal) **£20.00**

**THE BEYOND™ BURGER**

Beyond Meat™ burger, BBQ pulled mushrooms, THIS™ isn't bacon, chipotle mayonnaise

→ **Single** (1900kcal) **£16.95**

→ **Double** (2432kcal) **£20.00**

## SIDES

**FRIES** **£2.95**

(421kcal)

**CHIPS** **£2.95**

(393kcal)

**ONION RINGS** **£3.95**

(556kcal)

**RED CABBAGE SLAW** **£1.95**

(259kcal)

**BREAD & BUTTER** **£1.95**

(350kcal)

**SEASONAL SIDE SALAD** **£2.95**

(35kcal)

Gem lettuce, cherry tomato, cucumber, carrot, spring onion, olive oil

**GARLIC BREAD** **£3.95**

(466kcal)

+ **CHEESE** (159kcal) **ADD £1.00**

**GREEN VEGETABLES** **£3.95**

(209kcal)

**NEW POTATOES** **£1.95**

(241kcal)

**CRISPY NEW POTATOES** **£1.95**

(248kcal)

## DESSERTS

**SELECTION OF ICE CREAMS & SORBETS** **£4.95**

(978kcal)

British ice creams, vegan ice creams and a selection of sorbets

**WHITE CHOCOLATE PANNA COTTA** **£7.95**

Raspberry coulis and fresh berries

**APPLE BEIGNETS** **£7.50**

Served warm with vanilla ice cream, salted caramel sauce

**PINA COLADA SUNDAE** **£7.95**

(978kcal)

Coconut ice cream, whipped cream, pineapple & rum jam, grilled pineapple and toasted coconut

**MANGO CHEESECAKE** **£7.95**

(388kcal)

Mango coulis, raspberry sorbet

ADULTS NEED AROUND 2000KCAL A DAY