



## Welcome To Sunjivva



A unique sanctuary for all generations where you can transform your mind, body, and spirit. Immerse yourself in a tranquil oasis of serenity and awaken to a new level of awareness, creating the ultimate experience of well-being. We invite you to explore something different, to experiment, and to discover.

At Sunjivva, we offer an exclusive experience, private spaces, and relaxation. Our treatments guide you through a sensory journey, providing a holistic experience that rejuvenates both body and soul.

This unique 1,000-square-meter spa retreat offers a quieter space to recover from the fast-paced modern world. Here, you will discover five spa suites, including two couples' suites, three single suites, a calming relaxation lounge with garden views, a floating pod (Dreampod), and beauty lounge areas. Our nurturing environment and detailed approach to service make it the perfect social hub for families, children, and friends.



## *About* **Sunjivva**

We believe that our name reflects our philosophy and deep connection to the natural world. The words come from "Sun", which is a source of natural healing, symbolized of light and often associated with life, warmth and energy. It represents a positive, welcoming environment at the spa where the guest feels uplifted. And the word of "Jivva" is derived from Sanskrit word "Jiva" meaning soul or life force. It emphasizes to focus on nurturing the inner self within each person. The "Three Stones" likely symbolizes balance, calmness and stability where a journey each stone represents a stage in personal well-being, mindfulness and the practice of meditation. The choice of "Green" as the logo background represents growth, renewal and the natural world reinforces the spa commitment to focus on holistic wellness and using natural elements in each treatment.

Sunjivva is a sanctuary where tradition meets innovation, offering a unique blend of treatments designed to rejuvenate both body and soul. Our philosophy is rooted in the belief that true wellness comes from harmonizing ancient wisdom with modern advancements and inspired by local tradition for healing practices, offering a holistic approach to beauty and wellness.

The spa is designed to reflect the tranquil and beauty of its location and of the hotel, so no two are alike. We deliver outstanding and personalized experiences that restore balance and energy. Simply being here – away from the chaos of everyday life – relaxes our guests and starts them on their energy journey. Our spa experiences combine authentic and effective treatments with a place for you to spend time alone, with family and kids or friends. Using indigenous ingredients and time-honored tradition to create authentic wellness experience.

All are designed to stir our passion for living with abundant energy.





## *Product Philosophy*

Sunjivva places emphasis on many aspects when choosing the spa product brand. With luxury in mind, the brand selected demands quality and result driven treatments, which is personalized to suit the needs of our valued guests. With respect to our environment and communities, we prioritize ethical sourcing, echo-friendly practices and support for a local artisan. Our relationship with the product house is important in that we have a premium spa product and training available for every encounter with our guests.

**SensatiA<sup>®</sup>**  
botanicals

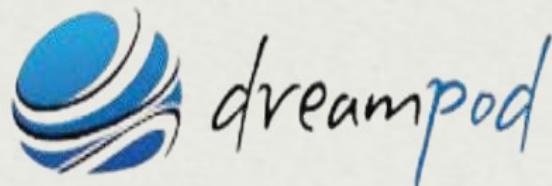
Sensatia Botanicals is a luxury skin care that was founded in 2000 in Bali, Indonesia. It began with a small home-made company that created healthy skin care products containing pure and natural ingredients, without harming the environment or upsetting the natural balance. The mission of Sensatia Botanicals is to maintain sustainability and the environment. All products within the Sensatia Botanicals products range are approved by national and international certificate agencies that show proof of their respect for humans and the environment.





## *Wellness Features*

We know that wellness elements are designed to promote health, relaxation and overall well-being within facilities or space. This can include a wide range of offerings aimed at enhancing physical, mental and emotional. Our wellness feature is here to assist you in achieving your goals and supporting every step of the way.



Sunjivva spa is the perfect environment to restore and improve your general well-being with access available by advanced reservation to our guests, offering the most advance and competitive floating pod in the market. The “Dreampod” promotes total mental and physical recovery. Sink into calm relaxation and float toward better well-being.





## *How to Spa?*

We welcome you to our Sunjivva for a well-being experience! The Spa opening hours: 9 AM to 10 PM (Daily). Our highly qualified team of therapists is at your entire disposal to help you relieve your stress, relax or keep fit, all with utter discretion and attention to your needs and preferences.

please contact the management of spa at +62 822-8561-5498 or  
[sunjivva.spa@ihg.com](mailto:sunjivva.spa@ihg.com)

### **Facility**

Sunjivva Spa features three single treatment rooms and two couple treatment rooms attach with bathtub - reflexology and beauty lounge, dreampod room, reception, consultation and relaxation areas.

### **Security**

Spa services are available to all guests from the age of 16 years and above. Kids are allowed to have spa treatment with their parent's approval (above 4 years).

### **Check-in**

As a courtesy to our guests and to ensure you enjoy the full benefit of your treatment, please be prompt to your appointment. We respectfully recommend that you arrive 15 minutes prior to your appointment to allow yourself to fill in our health consultation form.





### Reservation

Guests can book spa appointments online or with a mobile device at any time through Book4Time. We highly recommend that you book your Spa treatments in advance to avoid disappointment. However, we will try to do our best to accommodate walk-ins. Our receptionists and therapists will be able to advise you about the best treatments to satisfy your requirements. Each treatment will begin and finish at the established times. In case of late arrival, the duration of your treatment will be reduced so the next guest is not delayed, although the full charge is still applicable.

### Health

We request that guests complete a Health Consultation form with a health questionnaire before receiving treatments. Please inform the reception and your therapist if you have any known medical conditions that may affect your treatment. As a healing environment, our priority is your well-being and your safety. We recommend you do not sunbathe after facials, aromatherapy treatments and waxing treatments for up to 6 hours.

### Cancellation

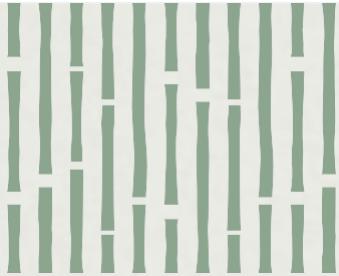
We understand that sometimes you may need to change your plans. We kindly ask that you give us a minimum of 4 hours' notice to reschedule your appointment (subject to availability). Appointments cancelled within 4 hours will incur a 50 %cancellation fee. No show will incur a 100 %cancellation fee.

### Treatments

Most of our treatments are available single or couple in:

- **The Spa:** three single and two couple treatment rooms are at your disposal to create and enjoy your personal retreats in a space of freedom.
- **Your Room:** don't move a muscle and bring the spa experience to the comfort and the privacy of your room. (Subject to an additional IDR. 100.000, - charge). Any behavior towards our therapists which may be considered disrespectful or inappropriate will not be tolerated.





### **What should I wear?**

In your treatment room, you will be provided with everything for your treatment: disposable underwear, a robe, slippers, towels and all necessary amenities.

### **Valuables**

We recommend that you keep your valuables in the safe in your room. Anyhow, jewelry boxes are available in each treatment room. The Spa will not assume any liability for loss or damage of any kind.

### **Green Environment**

Sunjivva is a fresh and pure environment - free from environmental noise pollution. Please help us to maintain its serenity by refraining from smoking and turning off mobile phones and electronic devices before entering.

### **Payment**

All prices are stated in Indonesian Rupiah (IDR) and exclude 10 % service charge and 11% applicable government taxes. Please note that all treatments will be offered subject to availability and may be subject to changes.





# ***Signature Expressions***

## **Sunjivva Bespoke**

Because every human being is unique, like a signature, this bespoke massage treatment is designed which utilizes individual skills, experience and creativity of each therapist. This treatment is tailor made only for you, according to your specific area needs and concerns of your body.

**60 Minutes**

**IDR. 760,000++**

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## **Treasured Pair Retreat**

Soak in a romantic milk bath sprinkled with rose petal and followed by full body relaxing massage, which uses a blend of essential oils, and the heated herbal poultice filled with local inspiration cinnamon, clove, ginger, cardamom and sand's beach that found around Lagoi beach area. This couple treatment purpose-designed movement to stimulate circulation, promote deep relaxation and restore the flow of energy throughout the body. This wonderfully soothing and rejuvenating experience is ideal for togetherness time.

**90 Minutes**

**IDR. 1,670,000++**

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## **Island Tropical Dream**

Indulge in the ultimate tropical escape with authentic local touches combining with the newest innovations in skincare. This treatment provides the ultimate sensory journey from head to toe. Began your signature expression with coffee grain body exfoliation working to remove dry skin also benefiting

cellulite by increasing circulation. Next melt into the table with a fully body massage using the nurturing coconut oil. Cocoon your body in a heated wrap and relish in a natural refresher facial and scalp massage. Included in this treatment is a coffee elixir and cookies

**120 Minutes**

**IDR. 1,330,000++**



## Indonesian Urut

“Urut” means palm & thumb movements derived from Malay tradition. This massage is a unique blend of time-honored techniques from Bali, Java and Riau Islands. This Indonesian “Urut” integrates healing strokes, palm heel pressure, acupressure, and thumbing along with long gliding strokes. Each movement is designed to enhance circulation, stimulate energy and release muscle tension.

The harmony of these traditions leaves you deeply relaxed and energized.

60 Minutes

**IDR. 730,000++**

90 Minutes

**IDR. 890,000++**

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## Aroma Bliss

A soothing massage therapy, using special essential oils. This treatment is designed to restore your body's natural equilibrium and promotes balanced blood circulation and lymphatic flow. The essential oils work harmoniously on the brain and nervous system, stimulating the nerves to enhance overall well-being. The therapeutic scent and gentle massage techniques leave you feeling rejuvenated and blissful

60 Minutes

**IDR. 730,000++**

90 Minutes

**IDR. 890,000++**

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## Vitality Sports

This powerful deep tissue massage is perfect for those in need of a more intense session and firmer pressure. It focuses on the specific areas of concern and stretching the muscle using intense strokes to alleviate common discomfort such as a stiff neck, painful lower back pain and sore, tight shoulders. Excellent for fitness and sport enthusiast

60 Minutes

**IDR. 730,000++**

90 Minutes

**IDR. 890,000++**



## Stretch to The Max

Our specially designed treatment that rebalances the body's energy through targeted compression and stretches muscle. This therapy enhances flexibility, releases blocked energy along the meridians and promotes a deep sense of inner calm. Perform without oil and loose outfit provided for your convenience and ensure you reach the maximum potential of your body flexibility.

60 Minutes

**IDR. 730,000++**

90 Minutes

**IDR. 890,000++**

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## Ancient Stone

A deep relaxation treatment incorporating intensive warm basalt stone that melts away tension and stress. Smooth and warm stones are carefully placed on key points of the body combined with specialized massage techniques. The warmth of the stones helps to improve circulation and ease muscle stiffness and balance the energy flow.

60 Minutes

**IDR. 730,000++**

90 Minutes

**IDR. 890,000++**

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## Mother to Be

A pre-natal treatment designed specifically for expectant mothers. Using safe and gentle techniques. This massage alleviated the common discomforts of pregnancy, such as back pain, swollen leg, and fatigue. Neutral oil is used, this gentle relaxing massage much needed release and relief.

60 Minutes

**IDR. 730,000++**

90 Minutes

**IDR. 890,000++**



## Back Soother

A therapeutic back massage focuses on the back, neck and shoulders areas. This treatment is designed to alleviate deep-seated tension and ease lower back pain, combining traditional healing strokes with the application of oil selection to soothe muscles tightness and leave your back feeling relaxed.

30 Minutes

**IDR. 410,000++**

60 Minutes

**IDR. 730,000++**

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## Sole to Soul

Inspired by the ancient art “reflexology” applying firm and gentle pressure to vital points on the sole of your feet to balance and stimulate the overall condition of your body organs. This foot massage will leave you floating on your feet

30 Minutes

**IDR. 410,000++**

60 Minutes

**IDR. 730,000++**





# Body Treatments

## Coffee Coconut Scrub

A detoxifying treatment uses fresh and only natural ingredients, making it suitable for all skin types. It helps to improve elasticity and draw out toxins from the skin. The antioxidant from both coffee and coconut help to fight free radicals and reducing a sign of ageing, keeping your skin healthy purified and glow.

30 Minutes

**IDR. 540,000++**

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## Warm Spice Polish

A natural body polish combines the invigorating properties of a warm. A marmalade with ginger, nutmeg, cinnamon and orange to softly clean and delightfully sublimate the skin. A delectable treatment that leaves the skin delicately warmed and refreshed.

30 Minutes

**IDR. 540,000++**

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## Rice Milk Cleansing

A time-honored body ritual combines the natural goodness of rice and milk to purify and ideal for sensitive skin or irritated skin. Helping to maintain its natural moisture balance and leaving the skin silky smooth with natural radiance.

30 Minutes

**IDR. 540,000++**

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## Sweet Salty Exfoliation

A tonic body exfoliation, rich in minerals and helps to detoxify and rejuvenate the skin. This natural body exfoliating combines sea salt and sugar, leaving your skin deliciously smooth and soft. It's suitable for normal to oily skin types.

30 Minutes

**IDR. 540,000++**



### **Aloeevera Cooler**

A cooling body treatment, designed to soothe and calm sunburned skin. Aloe vera has natural anti-inflammatory properties, rich in vitamins C and E, which help to reduce redness, irritation and providing instant relief to sun-exposed skin.

30 Minutes

**IDR. 540,000++**

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### **Honeyvocado Wrap**

A luxurious body mask that deeply nourishes and revitalizes the skin, using pure avocado as a secret ingredient to this ultra hydrating mask. Beneficial for dry skin.

30 Minutes

**IDR. 540,000++**

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### **Pumpkin Mask**

A unique tremendous that harness of fresh pumpkin to nourish and revitalize the skin. This treatment uses the natural enzymes and nutrients found in pumpkin to deeply hydrate and leave your skin feeling soft and glowing.

30 Minutes

**IDR. 540,000++**

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### **Seaweed Cocoon**

A detoxifying treatment, designed to enhance body contours and firm the skin using the natural power of seaweed. This warm seaweed wrap, rich in essential nutrients and helps detoxify and firm the skin.

30 Minutes

**IDR. 540,000++**





## Facials

### Sunjivva Signature Facial

An intensive traditional face treatment, designed to revitalize the skin using pure natural blends of ingredients, such as herbs, fruits and vegetables. This facial treatment begins with a gentle cleansing and exfoliating, followed by toner and face mask. The facial not only enhances the skin's natural glow but also maintains the skin's health and cleans. Suitable for all skin type

60 Minutes

**IDR. 730,000++**

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### Botanicals Facial

A deep cleansing face treatment, designed to purify the skin, using pure organic products. This facial is ideal for those with oily or combination skin and prefer a holistic approach to organic facial treatment. Leaving your skin looks cleanse and purify naturally.

60 Minutes

**IDR. 670,000++**

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### Hydrating Facial

A specially designed treatment to replenish and revive skin. This hydrating facial works in harmony using pure and natural products to quench your skin's thirst, dry and dehydrated. Not only hydrates but also pampers the skin, leaving you feeling refreshed and restored.

60 Minutes

**IDR. 670,000++**

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### Express Facial

In just half an hour, our express facial provides a quick pick me up for your skin. This treatment is designed to refresh, recharge and ready to face the day with glowing skin.

30 Minutes

**IDR. 480,000++**





## *Essential Packages*

### **The Laksamana Journey**

The 'Laksamana' is an admiral position in Malay Sultanates historical or king of the sea. This spa journey is designed to energize and rejuvenate, invoking the spirit of leadership and resilience. Just like the "Laksamana" spirit, your journey begins with 15-minutes foot ritual, continue with 30-minutes sea salt body exfoliating, followed by 45-minutes back massage and complete your experience with 30-minutes energizing foot massage.

120 Minutes

**IDR. 1,200,000++**

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### **Mythic of Gurindam**

A unique and poetic spa experience inspired by the traditional Malay poetry form. "Gurindam", combines two lines of verse, where the first line sets the context, and the second line delivers a deeper meaning. This spa package intertwines treatments that balance and complement each other, bringing harmony to both body and mind. Your mythic journey begins with 15-minutes calming foot ritual, followed by a 45-minutes warm honey and avocado body wrap, indulge in deep relaxation with 60-minutes Indonesian massage and complete the experience with 30-minute soothing facial.

150 Minutes

**IDR. 1,450,000++**



## Nail Care

<b>Nail Polish (Fingers Or Toes)</b>	15 Minutes	<b>IDR. 290,000++</b>
<b>Manicure</b>	45 Minutes	<b>IDR. 540,000++</b>
<b>Pedicure</b>	60 Minutes	<b>IDR. 630,000++</b>
<b>Manicure &amp; Nail Polish</b>	60 Minutes	<b>IDR. 730,000++</b>
<b>Pedicure &amp; Nail Polish</b>	75 Minutes	<b>IDR. 890,000++</b>
<b>Manicure &amp; Pedicure</b>	90 Minutes	<b>IDR. 1,040,000++</b>

## Bathing Ceremony

Make your togetherness spa experience uniquely yours by infusing this bathing ceremony for 25 minutes prior to your spa treatment journey or afterwards.

Select your bath and enjoy your private moment.

<b>Aromatic Floral Bath</b>	25 Minutes	<b>IDR. 350,000++</b>
<b>Spice Exotic Bath</b>	25 Minutes	<b>IDR. 350,000++</b>
<b>Bubble Bath</b>	25 Minutes	<b>IDR. 350,000++</b>
<b>Milk Bath</b>	25 Minutes	<b>IDR. 350,000++</b>





## Kids Pampering

### Little Touch

A relaxing and soft massage technique which is designed especially for kids.

Using light strokes and olive oil. It provides a serene and comforting introduction the benefits of the massage in a child-friendly environment.

30 Minutes

**IDR.380,000++**

### Tiny Glow

A pampering treatment is tailored made to be mild and fun, giving little ones a taste of luxury while keeping their skin healthy and soft. This gentle exfoliating treatment is perfect for kids, using a fresh papaya and green apple help to nourish and smooth young skin.

30 Minutes

**IDR. 380,000++**

### Mini Facial

A face treatment, designed to introduce young skin to natural skincare. Using a blend of fresh fruits, vegetables, and herbs. This fun and refreshing facial helps promote healthy skin while introducing kids to natural skin care in a safe and enjoyable way.

30 Minutes

**IDR. 380,000++**

### Kiddos Nail Care

An express nail treatment to trim and shape the nails carefully for your kids. This treatment includes gentle mini manicure and pedicure that will leave your kids feeling pampered and special. Your little girls get to choose a fancy nail polish.

45 Minutes

**IDR. 510,000++**





## *Dreampod Recovery*

### **Floating Pod**

A deeply restorative treatment designed to calm both body and mind, promotes deep relaxation, balancing the nervous system, enhancing mental clarity and encouraging a profound sense of well-being. This floating therapy offers a peaceful escape that nurtures your health and rejuvenates your spirit.

#### **Floating Therapy**

15 Minutes

**IDR. 210,000++**

#### **Floating Therapy**

30 Minutes

**IDR. 320,000++**

