三亚半山半岛洲际度假酒店
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InterContinental Sanya Resort
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INTERCONTINENTAL®
SANYA RESORT
三亚半山半岛洲际®度假酒店



地中海餐厅菜单 MEDITERRANEO A LA CARTE MENU

早餐
BREAKFAST

欧陆式早餐 | Continental Breakfast ¥158

现磨咖啡，或低咖啡因咖啡，英式早餐茶，伯爵茶，或茉莉花茶
A cup of freshly brewed, regular or decaffeinated coffee, a pot of English breakfast tea, earl grey or jasmine tea

鲜榨果汁：橙汁，西瓜汁，芒果汁
Fresh juices: orange, watermelon or mango

或 or

冰鲜果汁：西柚汁，菠萝汁，苹果汁，葡萄汁
Chilled juices: grapefruit, pineapple, apple or grape

缤纷水果盘
Tropical fruit platter

各式早餐面包或吐司配果酱及黄油
Assorted morning bakeries or toasts, served with selection of jams and butter

美式早餐 | American Breakfast ¥198

现磨咖啡，或低咖啡因咖啡，英式早餐茶，伯爵茶，或茉莉花茶
A cup of freshly brewed, regular or decaffeinated coffee, a pot of English breakfast tea, earl grey or jasmine tea

鲜榨果汁：橙汁，西瓜汁，芒果汁
Fresh juices: orange, watermelon or mango

或 or

冰鲜果汁：西柚汁，菠萝汁，苹果汁，葡萄汁
Chilled juices: grapefruit, pineapple, apple or grape

缤纷水果盘
Tropical fruit platter

各式早餐面包或吐司配果酱及黄油
Assorted morning bakeries or toasts, served with selection of jams and butter

自选双蛋配樱桃番茄，鸡肉肠，烟肉，炸薯饼
Two eggs cooked in any style with cherry tomatoes, chicken sausages, bacon and hash brown

香煎海鲈鱼 | Pan-Fried Sea Bass ¥198

清蒸鲷鱼柳 | Steamed Sea Bream Fillet ¥168

意大利帕尔玛火腿及什锦冷切盘 | Italian Palma Ham & Cold Cut Platter ¥78

调味品 Spices

盐和胡椒粉，番茄酱，芥末，蛋黄酱，塔巴斯科辣酱
Salt and pepper, tomato sauce, mustard, mayonnaise, tabasco sauce

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If you have any concerns regarding food allergies, please inform our service attendant prior to ordering

早餐
BREAKFAST

亚式早餐 | Asian Breakfast ¥198

现磨咖啡，或低咖啡因咖啡，英式早餐茶，伯爵茶，或茉莉花茶
A cup of freshly brewed, regular or decaffeinated coffee, a pot of English breakfast tea, earl grey or jasmine tea

鲜榨果汁：橙汁，西瓜汁，芒果汁
Fresh juices: orange, watermelon or mango

或 or

冰鲜果汁：西柚汁，菠萝汁，苹果汁，葡萄汁
Chilled juices: grapefruit, pineapple, apple or grape

缤纷水果盘
Tropical fruit platter

大米粥配小菜
Rice congee with condiments

自选口味：鸡肉粥，猪肉粥， 海鲜粥，白粥
Choice of congee: chicken, pork, seafood or plain

或 or

炒面配鸡肉，豆芽
Wok-fried noodles with chicken and bean sprouts

活力早餐 | Vitality Breakfast ¥198

现磨咖啡，或低咖啡因咖啡，英式早餐茶，伯爵茶，或茉莉花茶
A cup of freshly brewed, regular or decaffeinated coffee, a pot of English breakfast tea, earl grey or jasmine tea

鲜榨果汁：橙汁，西瓜汁，芒果汁
Fresh juices: orange, watermelon or mango

或 or

冰鲜果汁：西柚汁，菠萝汁，苹果汁，葡萄汁
Chilled juices: grapefruit, pineapple, apple or grape

缤纷水果盘
Tropical fruit platter

自选麦片配原味酸奶: 瑞士冷麦或粗粮麦片
Choice of cereals & plain yoghurt: Swiss birchermuesli or bran flakes

水波蛋白配全麦吐司 Poached egg white on whole wheat toast

或 or

蛋白蛋卷配菠菜
Egg white omelette with spinach

谷物
Cereals

各式麦片 | Cereals with Milk ¥52

蜜果脆圈圈，玉米片，卜卜米，维他麦，可可力麦脆片，提子麦维
Honey nuts, corn flakes, rice crispies, lavrosh, coco pops, raisin bran

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头盘 & 沙拉
Appetizers & Salad

牛肉牛油果蔬菜沙拉 | Beef & Avocado Salad with Vegetable ¥158
牛肉，牛油果，三角豆，红腰豆 Beef, avocado, beans, kidney beans

三文鱼沙拉碗 | Salmon Salad Bowl ¥128
三文鱼，混合生菜，茴香头，迷你胡萝卜，小番茄，洋葱，藜麦，橄榄，青瓜，土豆
Salmon, mixed lettuce, fennel, mini carrot, cherry tomato, onion, quinoa, olives, cucumber, potatoes

精选芝士盘 | Selected Cheese Platter ¥128
布里芝士，巴马臣芝士，高达芝士，车达芝士，核桃仁，苏打饼干，葡萄
Brie, parmesan cheese, gouda cheese, cheddar cheese, walnuts, soda crackers, grape

番茄芝士沙拉 | Caprese Salad ¥108
新鲜水牛芝士，番茄，罗勒酱与黑醋汁 Buffalo mozzarella, tomatoes, pesto and balsamic dressing

西班牙前菜 | Tapas ¥108
烟熏三文鱼，黑胡椒牛肉，芦笋，风干番茄，飞达芝士
Smoked salmon, pastrami, asparagus, dried tomato, feta cheese

凯撒沙拉 | Caesar Salad ¥98
鹌鹑蛋，脆培根，银鱼柳，刨片巴马臣芝士，面包片
Quail egg, crispy bacon, anchovy with shaved parmesan cheese, crouton

配烟熏三文鱼 | Smoked Salmon ¥128

配卡真鸡肉 | Cajun Chicken ¥108

菠萝海鲜沙拉 | Pineapple Seafood Salad ¥108
青口，带子，虾仁，鱿鱼，甜辣椒酱 Mussels, scallops, shrimps, squid with sweet chili dressing

鲜虾芒果沙拉 | Mango Salad with Shrimps ¥108
虾仁，芒果，洋葱，小米椒，紫苏叶 Shrimps, mango, onion, chili, basil

地中海沙拉 | Mediterranean Salad ¥78
混合生菜，刨片蔬菜配油醋汁 Assorted lettuce, vegetables with vinaigrette

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汤
Soup

玉米浓汤 | Corn Soup ¥98
玉米，虾，香草油 Corn, shrimps, herbs oil

海南糟粕醋海鲜汤 | Hainan Dregs Vinegar Seafood Soup ¥98

特色海南椰子鸡汤 | Hainan Coconut Chicken Soup ¥88
椰汁，干贝和红枣 Coconut juice, dry scallops and red date

牛肝菌蘑菇汤 | Porcini Creamy Soup ¥88
牛肝菌，洋葱配松露油 Porcini, onions, truffle oil

意式蔬菜汤 | Minestrone Soup ¥78
番茄酱，罗勒 Tomato sauce, basil

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汉堡与三明治
Burger & Sandwiches

(所有汉堡与三文治配薯条和沙拉 All burgers and sandwiches served with french fries and mixed salad)

经典牛肉汉堡 | Classic Beef Burger ¥158
经典牛肉饼，燕麦面包，焦糖洋葱，培根与车达芝士
Classic beef patty, oatmeal bun, caramelized onion, bacon and cheddar cheese

日式照烧鸡腿堡 | Teriyaki Chicken Burger ¥138
照烧鸡腿，燕麦面包，焦糖洋葱，车达芝士，木鱼花
Teriyaki chicken, oatmeal bun, caramelized onion, cheddar cheese, bonito flakes

俱乐部三文治 | Club Sandwich ¥108
白吐司或全麦面包，生菜，番茄，烤鸡肉，煎蛋与培根
Select from white or whole wheat toast, lettuce, tomatoes, grilled chicken, fried egg and bacon

吞拿鱼帕尼尼 | Tuna Panini ¥108
马苏里拉芝士，吞拿鱼，番茄，洋葱丝，黑橄榄
Mozzarella cheese, tuna, tomatoes, sliced onion, black olives

火腿芝士三文治 | Croque Monsieur ¥98
火腿，古老也芝士，酸青瓜
Ham, gruyere cheese, cornichon

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披萨
Pizza

海鲜披萨 | Seafood Pizza ¥168
配传统番茄酱，罗勒酱腌海鲜，混合芝士
Classic marinara sauce, mixed seafood topped with basil, mixed cheeses

肉食披萨 | Meat Lover's Pizza ¥168
配传统番茄酱，意大利辣香肠，慢烤火腿，烟熏培根，牛肉
Classic marinara sauce, pepperoni, slow-roasted ham, smoked bacon, beef

夏威夷披萨 | Hawaiian Pizza ¥158
配菠萝，农家火腿，番茄酱
Pineapple, ham, classic marinara sauce

帕尔玛火腿蘑菇披萨 | Funghi Prosciutto Pizza ¥158

玛格丽特披萨 | Pizza Margherita ¥128
配传统番茄酱，罗勒酱
Classic marinara sauce, topped with pesto



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意面厨房
Pasta

辣味海鲜意面 | Spaghetti with Seafood in Garlic Chili Oil ¥138

海鲜扁面 | Linguine with Seafood ¥138
配明虾，蛤蜊，鱿鱼，大蒜，白葡萄酒，香料
Prawns, clams, calamari, garlic, white wine and herbs

肉酱意大利细面 | Spaghetti Bolognese ¥118
牛肉酱，番茄与巴马臣芝士 Beef ragout, tomatoes and parmesan cheese

培根芝士奶油蛋黄酱意大利宽面条 | Fettuccine Carbonara ¥98
培根，鸡蛋与巴马臣芝士 Bacon, egg and parmesan cheese

那不勒斯番茄酱斜管通心粉 | Penne Napoli Tomato Sauce ¥98
番茄，洋葱与紫苏 Tomatoes, onion and pesto

胡萝卜藜麦烩饭 | Carrot and Quinoa Risotto ¥98

菠菜意大利宽面 | Fettuccine Spinach ¥98
菠菜，番茄，节瓜，帕玛森芝士
Spinach, tomato, zucchini, parmesan cheese

紫苏酱斜管通心粉 | Penne Pesto ¥88
紫苏酱，洋葱，松仁 Pesto sauce, onions, pine-nut

意式饺子 | Ravioli ¥88
羊奶意大利乳清干酪，菠菜，番茄酱，罗勒
Sheep's milk ricotta, spinach, tomato sauce and basil



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主厨推荐主菜
Chef's Recommendation Main Courses

战斧式长骨肉眼 | Tomahawk Steak 1000g ¥1388

特选高级T骨牛排 | Prime T-Bone Steak 350g ¥468

谷饲牛肉眼 | Grain Feed Rib-eye Steak 250g ¥398

西冷牛排 | Sirloin Steak 250g ¥368

烤三文鱼 | Grilled Salmon ¥298
芦笋，豌豆和鱼子酱 Asparagus, peas and caviar

烤鳕鱼 | Grilled Cod Fish ¥268
季节蔬菜和莳萝油 Seasonal vegetables and dill oil

低温牛肋排配法式千层土豆 | Sous-Vide Beef Ribs with Potatoes ¥268
牛肋排，土豆 Beef ribs, potatoes

香草羊排配意式炖菜 | Lamb Chop with Ratatouille ¥258
土豆，迷迭香汁 Potato gratin, rosemary sauce

那不勒斯烩海鲜 | Neapolitan Seafood Kettle ¥258
虾，带子，青口，鱿鱼，海鱼，罗勒 Prawns, scallops, mussels, squids, sea fish, basil

芦笋配烤杏仁和奶酪杏仁酱 | Asparagus with Roasted Almond and Cheese ¥58

牛排可以选一款酱汁，一款蔬菜与一款主食
Your Steak Order Comes with One Type of Sauce, One Vegetable and One Starch

土豆泥，炸薯条 | Mashed Potatos, French Fries ¥48

烧烤蔬菜，芦笋，蔬菜沙拉 | Grilled Vegetables, Asparagus, Green salad ¥38

黑椒汁，红酒汁，蘑菇汁 | Black Pepper Sauce, Red Wine Sauce, Mushroom Sauce ¥28



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亚洲厨艺
Asian Kitchen

海南鸡饭 | Hainan Chicken Rice ¥138
白切鸡、鸡汤与鸡油饭
Poached chicken, chicken soup and chicken oil rice

泰式青咖喱鸡 | Thai Green Curry Chicken ¥98
鸡肉，茄子，红尖椒与米饭
Chicken, eggplant, red chili and steamed rice

日式海鲜炒乌冬面 | Fried Udon Noodles with Seafood ¥98

海鲜炒河粉 | Fried Rice Noodle with Seafood ¥98
配青口，虾仁，鱿鱼，鸡蛋
Mussels, shrimps, squids and egg

扬州炒饭 | Yang Zhou Fried Rice ¥78
虾仁，腊肉，蔬菜丁，鸡蛋
Shrimps, preserved pork, diced vegetables, eggs

红烧牛腩面 | Braised Beef Brisket Noodles ¥78

西蓝花 | Broccoli ¥68
清蒸或蒜茸炒
Steamed or fried minced garlic

自选粥类 | Congee of Your Choice ¥48
原味，姜丝鱼片，瘦肉皮蛋，鸡肉
Plain, fish and ginger, pork and century egg, chicken
配中式咸菜
With Chinese pickled vegetables

白米饭 | Rice ¥10



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营养碗 & 随享餐
Nourish Bowls & Anytime Plate

烤海南鸡胸肉 ¥168
Hainan Roast Chicken Breaat with Vegetables & Mashed Pumpkin Potaoes

吞拿鱼百香果沙拉 | Tuna with Passion Fruit Salad ¥138

香煎三文鱼配荞麦面 | Pan-fried Salmon with Soba Noodles & Fish Soup ¥128

烟熏鸡胸藜麦色拉 | Chicken Salad ¥88

鳗鱼饭 | Unagi Rice Bowl ¥88

和牛金丝面 | Wagyu Beef Noodle ¥88

后安粉 | Hou'an Rice Noodles ¥68

风味小食
Snacks

香脆炸海鲜 | Fried Seafood ¥98
鱿鱼，虾仁，蒜味蛋黄酱
Squids, shrimps, mayonnaise with garlic

炸鱼柳薯条 | Fish & Chips ¥78
蒜味蛋黄酱
Mayonnaise with garlic

脆炸多汁鸡块 | Fried Chicken ¥78
鸡腿肉，蛋黄酱
Boneless chicken, mayonnaise

炸薯条 | French Fries ¥48



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儿童菜单
Kid's Menu

A ¥138
小猪佩奇套餐 Peppa Pig Set Menu
蛋黄酱红豆沙拉 Red bean salad with mayonnaise
香煎三文鱼配西兰花，手指萝卜，芦笋 Pan-fried salmon with broccoli, carrot, asparagus
炸薯条（炸薯条）French Fries

B ¥138
超萌小兔兔套餐 Super Cute Bunny Set Menu
缤纷水果碗 Mixed fruit bowl
扒鸡胸配菠菜，混合薯物 Grilled chicken breast with spinach, mixed potatoes
小熊面包 Bear bread

C ¥138
海绵宝宝套餐 Sponge Bob Set Menu
清爽蔬菜条配蛋黄酱 Fresh vegetable strips with mayonnaise
虾仁云吞面 Shrimp wonton noodle soup
酸奶配时令水果，蜂蜜，坚果 Yoghurt - seasonal fruits, honey, mixed nuts

航海王迷你牛肉汉堡 | Mini Beef Burger ¥58
全熟牛肉饼，芝麻面包，车达芝士 Beef patty, sesame bun and cheddar cheese

小骑士三明治 | Tuna Sandwich ¥58
面包，油浸吞拿鱼，生菜 Bread roll, tuna and lettuces

小海星通心粉 | Penne with Shrimps in Tomato Sauce ¥48
虾仁，番茄，洋葱与紫苏 Shrimps, tomato, onions and basil



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甜品食刻
Dessert

咖啡巧克力双重芝士蛋糕 | Double Cheese Cake with Coffee and Chocolate ¥78

香蕉船 | Banana Split ¥78
可任选以下三种口味冰淇淋：香草，芒果，草莓，提拉米苏，巧克力
You can choose three from the following flavors: Vanilla, Mango, Strawberry, Tiramisu, Chocolate

法式芝士蛋糕 | Cheese Cake ¥78

拿破仑 | Napoleon ¥68

粉嫩玫瑰 | Pink Rose ¥68

缤纷水果盘 | Tropical Fruits Platter ¥68

椰子毛巾卷配鲜果 | Coconut Towel Roll with Fresh Fruits ¥68

栗子塔 | Chestnut Tart ¥68

提拉米苏 | Tiramisu ¥68







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咖啡 | Coffee

	杯/Cup
现磨咖啡	Freshly Brewed Coffee	¥38
意大利特浓	Espresso	¥38
双倍特浓	Double Espresso	¥38
卡布奇诺	Cappuccino	¥38
拿铁	Latte	¥38
冰美式	Iced Americano	¥38
冰拿铁	Iced Latte	¥38
冰卡布奇诺	Iced Cappuccino	¥38

精选茶类 | Selections of Tea

	位/Person
英式早茶	English Breakfast	¥38
伯爵茶	Earl Grey	¥38
茉莉花茶	Jasmine Tea	¥38
柠檬绿茶	Green Tea & Lemon	¥38





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鸡尾酒 | Cocktail

	杯/Glass
特基拉日出	Tequila Sunrise	¥79
橙味阿佩罗	Aperol Spritz	¥79
金汤力	Gin Tonic	¥79
长岛冰茶	Long Island Ice Tea	¥79
芒果玛格丽特	Mango Margarita	¥79
莫吉托	Mojito	¥79
椰林飘香	Pina Colada	¥79
大都会	Cosmopolitan	¥79
芒果宝宝(无酒精)	Mango Babe (Mocktail)	¥58

烈酒 | Spirits/45ml

哥顿金酒	Gordons Gin	¥68
绝对伏特加	Absolut Vodka	¥68
摩根船长白朗姆	Caption Morgan Rum	¥58



橙味阿佩罗 | Aperol Spritz ¥79



长岛冰茶 | Long Island Ice Tea ¥79

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矿泉水 & 气泡水 Mineral & Sparkling Water

	瓶/Bottle
圣培露 | San Pellegrino 750ml	¥68
圣培露 | San Pellegrino 500ml	¥48
圣培露 | San Pellegrino 250ml	¥28
巴黎水 | Perrier 330ml	¥28
依云 | Evian	¥18

啤酒 | Beer

	瓶/Bottle
力加 | Anchor	¥38
青岛 | Tsingtao	¥38
喜力 | Heineken	¥38
嘉士伯 | Carlsberg	¥38
百威 | Budweiser	¥38
科罗娜 | Corona	¥38

若阁下对某种食物有过敏反应，请于点单前通知服务员，以便作出妥善安排
If you have any concerns regarding food allergies, please inform our service attendant prior to ordering

供应时间：早上11:30 - 晚上22:30 Serving time: 11:30 - 22:30

软饮 | Soft Drinks

	罐/Tin
可口可乐 | Coca Cola	¥28
零度可乐 | Coke Zero	¥28
雪碧 | Sprite	¥28
苏打水 | Soda Water	¥28
汤力水 | Tonic Water	¥28
干姜水 | Ginger Ale	¥28
椰树椰奶 | Coconut Milk	¥28

鲜榨果汁 | Fresh Squeezed Fruit Juices

	杯/Glass
果蔬汁 | Vegetable Juice	¥48
木瓜汁 | Papaya Juice	¥48
橙汁 | Orange Juice	¥48
苹果汁 | Apple Juice	¥48
番石榴汁 | Guava Juice	¥48
西瓜汁 | Watermelon Juice	¥48
芒果汁 | Mango Juice	¥48
椰青 | Fresh Coconut Juice	¥36



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